#### THE TRANSFORMATIVE POWER OF MINDFUL SPACES

## THE POWER OF MAXINIZING MARANIZING

# WHY EMPOWERING INDIVIDUALS & STRENGTHENING TEAMS MATTERS?



IMPROVED COMMUNICATION & COLLABORATION LEADS TO 21%HIGHER PROFITABILITY<sup>1</sup>



PSYCHOLOGICAL SAFETY AND OPEN COMMUNICATION FOSTERS INNOVATION AND CREATIVITY<sup>2</sup>



STRONGER WELL-BEING PROGRAMS REDUCE ABSENTEEISM BY 28% AND TURNOVER BY 50%<sup>3</sup>

STATISTICS



nonprofit CEOs report feeling overwhelmed by job demands.4



HR professionals report burnout is a major problem in nonprofits.<sup>5</sup>

#### **APPROACH**



Cultivate leaders with emotional intelligence and cultural competence to foster inclusive teams and psychological safety.



Build a welcoming environment for diverse perspectives, reduce bias and promote belonging for increased engagement and innovation.



Prioritize stress management, resilience, and accessible resources to create a supportive environment for well-being and increased productivity.

#### BENEFITS

REDUCED BURNOUT | IMPROVED COLLABORATION INCREASED INNOVATION | STRONGER MISSION IMPACT HIGHER EMPLOYEE RETENTION

### **GET STARTED TODAY!**

Sources:

<sup>1</sup>Gallup, 2023

<sup>2</sup> Academy of Management Journal, October 2017

<sup>3</sup> Aetna International, 2019

<sup>4</sup> Nonprofit Leadership Alliance, 2023 CEO Survey

<sup>5</sup> Society for Human Resource Management, 2022 Burnout & Engagement Report

