THE TRANSFORMATIVE POWER OF MINDFUL SPACES

THE POWER OF MAXINIZING MARANIZING

WHY EMPOWERING INDIVIDUALS & STRENGTHENING TEAMS MATTERS?



IMPROVED COMMUNICATION & COLLABORATION LEADS TO 21%HIGHER PROFITABILITY¹



PSYCHOLOGICAL SAFETY AND OPEN COMMUNICATION FOSTERS INNOVATION AND CREATIVITY²



STRONGER WELL-BEING PROGRAMS REDUCE ABSENTEEISM BY 28% AND TURNOVER BY 50%³

STATISTICS



nonprofit CEOs report feeling overwhelmed by job demands.4



HR professionals report burnout is a major problem in nonprofits.⁵

APPROACH



Cultivate leaders with emotional intelligence and cultural competence to foster inclusive teams and psychological safety.



Build a welcoming environment for diverse perspectives, reduce bias and promote belonging for increased engagement and innovation.



Prioritize stress management, resilience, and accessible resources to create a supportive environment for well-being and increased productivity.

BENEFITS

REDUCED BURNOUT | IMPROVED COLLABORATION INCREASED INNOVATION | STRONGER MISSION IMPACT HIGHER EMPLOYEE RETENTION

GET STARTED TODAY!

Sources:

¹Gallup, 2023

² Academy of Management Journal, October 2017

³ Aetna International, 2019

⁴ Nonprofit Leadership Alliance, 2023 CEO Survey

⁵ Society for Human Resource Management, 2022 Burnout & Engagement Report

