

Getting Started: Your Coaching Program Enrollment Guide

This guide will walk you through the simple steps to enroll in your coaching program and start your journey toward personal and professional growth. You'll gain access to our user-friendly platform, allowing you to seamlessly manage your profile and schedule sessions. Book, reschedule, cancel sessions, and/or join virtual sessions.

By the end of this guide, you'll be ready to take the next step and embark on a transformative coaching journey. Let's get started!

How to enroll in your program:

1. Visit our online portal. Your enrollment link is listed in your email.
2. Click Continue to schedule the date and time for your Debrief Session.
3. Schedule your Debrief Session. Select the available date and time based on your availability.
4. Click Continue.
5. Click Continue to verify your appointment details.
6. Once verified, click continue to enter your information details. Enter:
 - a) First Name
 - b) Last Name
 - c) Email (work email if your employer sponsors your program)
 - d) Pronouns
 - e) Phone (work phone that can receive text messages if your employer sponsors your program)
 - f) Opt-in to receive text messages and/or voicemails in an emergency to reschedule.
7. Click Continue.

Add to Calendar

Google Outlook

Yahoo! Apple

1.

Get in Touch
+13125855852
letschat@mindfulspaces.org

Collapse menu

Congratulations

Package

Your Name: John Doe

Email Address: jdoe@gmail.com

Phone Number: +13125555555

2.

Customer Panel

~~Finish~~

8. STOP! DO NOT CLICK 'FINISH.'

9. Add your session to your calendar. Select the application that manages your calendar to download your session date and time.
10. Click Customer Panel to set up your Username Password.
11. Enter your password and save it for your records.

Set Password

Enter, and re-enter your new password to continue

* New Password:

* Re-type New Password:

Set Password

Bookmark <https://mindfulspaces.org/login/> to use your email address and password to access your dashboard to book, reschedule, join virtual sessions, access tools, and more!